



**Remedy**  
M A S S A G E

PAINCARE • REHAB • WELLBEING

REMEDY MASSAGE  
FIRKIN CRANE, SHANDON, CORK  
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## GENERAL PRICE LIST

From 01 January 2017

There is no difference in price between appointments for “massage” and “physical therapy”, unless specified. All treatments are given upon evaluation of the presenting person, and may include elements of different modalities as needed. Treatments are always tailored to the person’s optimal benefit.

### PRIVATE APPOINTMENTS

Health screen and consultation	Inclusive of first appointment.
<b>30 minutes</b>	<b>€30</b> (unavailable for first appointment or mobile service)
<b>60 minutes</b>	<b>€50</b>
<b>90 minutes</b>	<b>€75</b>
<b>Callout fee for mobile service</b>	<b>€25</b> (within a reasonable travel time and distance)
On-site seated chair massage and Pre-, inter-, post- event massage	Minimum numbers/hours required, rates negotiable, inclusive of All equipment provided for the client location.
Cancellations/no shows	Full fee applies for appointments missed with little or no notice.
Preferential rates	Available to those who are very short on funds. Please ask.
Also Available	Treatment Plans, Loyalty Scheme, Gift Vouchers.

### FIRKIN CRANE RESIDENTS

INCLUDES STAFF, DANCE COMPANIES AND STUDENTS, ARTISTS, TEACHERS, FACILITATORS, ETC  
Firkin Crane Residents enjoy €10 off the above rates for treatments at the clinic.

### FIRKIN CRANE GUESTS

INCLUDES TOURING PRODUCTIONS, VISITING DANCE COMPANIES, OTHER SPECIAL GUESTS  
Firkin Crane Guests enjoy €5 off the above rates for treatments at the clinic.

### HEALTH INSURANCE

Approved by **Irish Life Health** and **Laya Healthcare**. See your policy document for details of cover.