

## GENERAL PRICE LIST

From 01 January 2021

There is no difference in price between appointments for “massage” and “physical therapy”, unless specified. All treatments are given upon evaluation of the presenting person, and may include elements of different modalities as needed. Treatments are always tailored to the person’s optimal benefit.

### PRIVATE APPOINTMENTS

A 60 min session is tailored to your individual needs with usually around 45-50 mins of actual treatment time.

**Health screen and consultation** Inclusive of first appointment.

**30 minutes** €35\*

**60 minutes** €60

**90 minutes** Currently suspended

**Mobile service** Currently suspended

\* unavailable for first appointment

On-site seated chair massage and All mobile services are currently suspended.

Pre-, inter-, post- event massage All mobile services are currently suspended.

Preferential rates Available to those who are very short on funds. Please ask.

Also Available Gift Vouchers.

### CANCELLATIONS/NO SHOWS

Full fee applies for appointments missed with little or no notice, usually 24 hours.

### HEALTH INSURANCE

Approved by **Irish Life Health** and **Laya Healthcare**. See your policy document for details of cover.